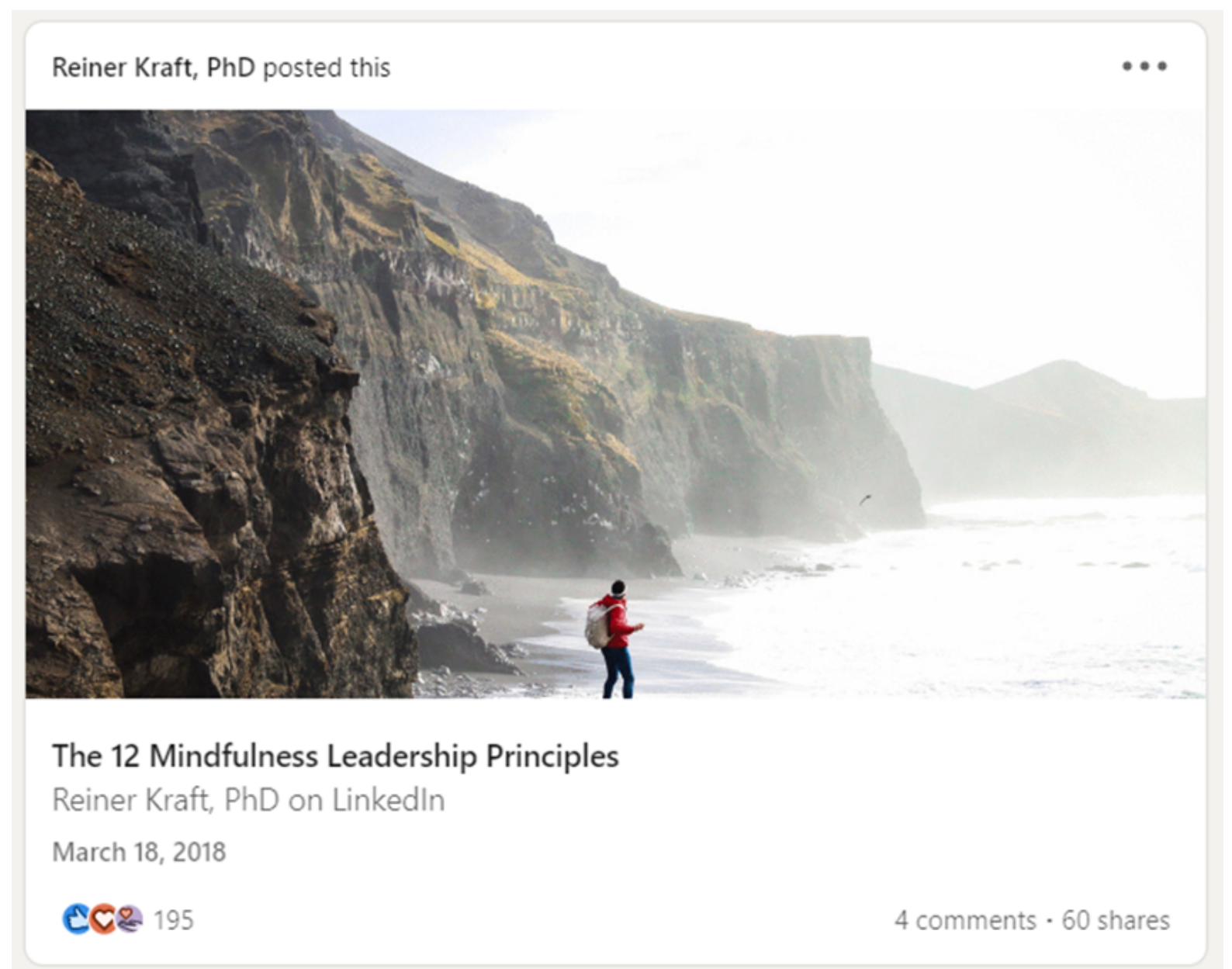# THE Mindful CIO COMMUNITY

The 12 Principles of Mindful Leadership

Which one do you relate to the most?

1) Stay present and be mindful in all your thoughts, words, and actions

2) Allow yourself and others to make mistakes, and learn from them

3) Always question your thoughts and assumptions whether you can be absolutely sure they are true

4) Don't judge, just observe

5) Choose a positive attitude

6) Do not get too attached to the outcome

7) Watch out for your ego

8) Lead through inspiration, not control

9) Be humble

10) Recognize, be thankful, and act quickly

11) Expect nothing, accept anything

12) Grow and teach others to become mindful leaders

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