

#10: We Cultivate Presence With People & Tasks

We know our presence is the best gift we can give anyone.

We practice mindfulness and do our best to be present with the task at hand and the people with whom we communicate.

We know the quality of our presence has a direct impact not only on our productivity, but also on our relationships with internal and external stakeholders, including our clients.

Presence is power.

Questions for Discussion:

- What components of this declaration do you strongly agree or disagree?
- What are the most important aspects of the declaration?
- What stories come to mind in terms of wins or challenges related to this?
- What aspects of your organisation/team are you most proud of in relation to this topic?
- What initiatives related to this topic have your team/organisation implemented?
- In what ways is focused time encouraged/allowed in your team/organisation?
- In the office, are there physical spaces that are conducive to focus? (e.g. library style area)
- What are the techniques that you employ to maintain presence and manage distractions?



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